

*proof of the pudding*

## **SOUTHERN FAVORITES**

**BBQ PULLED CHICKEN OR BRAISED PORK SHOULDER WITH BUNS**

**SOUTHERN FRIED CHICKEN OR FRIED CATFISH OVER ONION STRAWS**

**CREAMY COLE SLAW**

**CHEDDAR SMASHED POTATOES OR MACARONI & CHEESE**

**COLLARD GREENS OR GREEN BEANS**

**CORNBREAD AND BISCUITS SERVED WITH BUTTER AND CLOVER HONEY**

**LEMON POUND CAKE**

**ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

29.95 per person

## **THE ALL AMERICAN**

**CHOICE OF (2): GRILLED HAMBURGERS, JUMBO BEEF HOT DOGS OR  
GRILLED CHICKEN BREAST AND BAKERY FRESH BUNS**

**LETTUCE, TOMATOES, SLICED CHEESE, DICED ONIONS, RELISH,  
BUTTER CHIP PICKLES, MUSTARD, KETCHUP AND MAYONNAISE**

**CREAMY COLE SLAW AND POTATO SALAD**

**BUTTERY CORN**

**BAKED BEANS WITH BACON AND ONIONS OR MACARONI & CHEESE**

**SEASONAL HOT FRUIT COBBLER**

**ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

28.95 per person

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## **THE EXECUTIVE**

**MIXED FIELD GREENS WITH CHOICE OF DRESSING**

**MARINATED PASTA PRIMAVERA**

**MARINATED GRILLED FLANK STEAK WITH TRUFFLED JUS**

**HERB ROASTED CHICKEN BREAST**

**SHARP CHEDDAR AND CHIVES MASHED POTATOES**

**SHITAKE RISOTTO**

**ROASTED VEGETABLE MEDLEY WITH GARLIC AND ROSEMARY**

**ASSORTED ROLLS & BUTTER**

**ASSORTED CAKES & PIES**

**ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

33.95 per person

## **ITALIAN FEAST**

**TRADITIONAL CAESAR SALAD WITH CLASSIC CAESAR DRESSING**

**CLASSIC MEAT LASAGNA OR VEGETARIAN LASAGNA**

**CHICKEN PARMESAN OR CHICKEN PICCATA WITH A LEMON CAPER SAUCE**

**PENNE PASTA WITH CLASSIC ALFREDO SAUCE OR CHEESE RAVIOLI  
WITH FRESH HERBS AND EXTRA VIRGIN OLIVE OIL**

**LEMON-SCENTED MEDLEY OF VEGETABLES**

**GARLIC BREAD**

**TIRAMISU OR ASSORTED CANNOLLI AND BISCOTTI**

**ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

30.95 per person

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## **SOUTH OF THE BORDER**

**MAKE YOUR OWN FAJITAS: THINLY SLICED PEPPERED BEEF AND MARINATED  
SLICED CHICKEN SERVED WITH WARM FLOUR AND CORN TORTILLAS  
SHREDDED LETTUCE, CILANTRO, DICED TOMATOES, JALAPENOS, GUACAMOLE,  
SOUR CREAM, CHEDDAR CHEESE  
MONTEREY JACK CHEESE, BLACK OLIVES AND SALSA  
TRI-COLORED TORTILLA CHIPS WITH CHILI CON QUESO  
REFRIED BEANS WITH CHEDDAR CHEESE, SPANISH-STYLE RICE  
BLACK BEAN AND CORN SALAD  
TRES LECHES CAKE  
ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

29.95 per person

## **FAR EAST EXPLORATION**

**GENERAL TSAO'S CHICKEN: LIGHTLY FRIED CHICKEN  
WITH SNOW PEAS, RED CHILIS AND SWEET AND SPICY SAUCE  
BEEF AND BROCCOLI  
HONEY GLAZED PORK RIBS  
VEGETABLE FRIED RICE  
VEGETABLE STIR-FRY  
FORTUNE COOKIES  
CHINESE GREEN TEA OR ICED TEA  
FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

28.95 per person

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### **DELI CHEF TABLE**

**ROAST BEEF, SMOKED TURKEY BREAST, VIRGINIA STYLE HAM, TUNA SALAD**

**OR CHICKEN SALAD**

**SLICED ASSORTED CHEESES, LETTUCE, PICKLE SPEARS, TOMATOES,**

**ARTISAN SANDWICH ROLLS AND SLICED BREADS**

**DIJON MUSTARD AND MAYONNAISE**

**POTATO SALAD, GARDEN PASTA SALAD AND SOUTHERN STYLE COLE SLAW**

**ASSORTED DESSERT BARS, COOKIES AND BROWNIES**

**ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE**

**AND SPECIALTY TEAS**

23.95 per person

### **POTATO, SOUP & SALAD BAR**

**CHEF'S SOUP OF THE DAY**

**MIXED FIELD GREENS WITH ASSORTED TOPPINGS: BROCCOLI FLORETS,  
CHERRY TOMATOES, CARROT STICKS, CELERY STICKS, SLICED CUCUMBERS,  
MUSHROOMS, CHOPPED EGG, CROUTONS AND GRILLED CHICKEN**

**ASSORTED DRESSINGS**

**ASSORTED ROLLS WITH BUTTER**

**BAKED POTATOES WITH BUTTER, SOUR CREAM, CHEDDAR CHEESE,  
BACON BITS AND SCALLIONS**

**ASSORTED CAKES AND PIES**

**ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

27.95 per person

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**HEALTHY ALTERNATIVE**

**MIXED GREEN SALAD**

**CHOICE OF 2 LOW FAT DRESSINGS**

**ARTICHOKE AND THREE BEAN SALAD**

**WHOLE WHEAT PASTA SALAD**

**MARINATED AND GRILLED CITRUS ZEST CHICKEN**

**SEVEN SPICE SEARED SALMON**

**BROWN RICE PILAF**

**STEAMED VEGETABLE MEDLEY**

**WARM SAUTEED PEACHES WITH BROWN SUGAR SERVED  
WITH WHIPPED CREAM AND TEA COOKIES**

**ICED TEA, FRESH BREWED COFFEE, DECAFFEINATED COFFEE  
AND SPECIALTY TEAS**

27.95 per person

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